

## RACE DATA

Dist. [m]	NOR		TPE		EST		SVK		POR		BIH		AUT		Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate				
10	3.3	102	3.4	108	3.1	110	3.2	107	3.5	112	3.1	101	3.6	119				
20	4.6	117	4.7	116	4.4	120	4.6	120	4.7	121	4.2	118	4.9	140				
30	5.1	124	5.1	124	4.9	125	5.2	127	5.2	125	4.7	125	5.5	143				
40	5.3	128	5.3	131	5.1	130	5.4	132	5.4	129	5.0	136	5.7	144				
50	5.4	132	5.4	136	5.2	133	5.5	136	5.5	132	5.1	140	5.7	149				
60	5.4	131	5.4	135	5.3	133	5.6	137	5.5	132	5.1	139	5.8	147				
70	5.4	129	5.4	133	5.3	132	5.5	134	5.5	130	5.0	134	5.6	142				
80	5.3	128	5.4	131	5.3	131	5.5	130	5.5	129	5.0	128	5.4	134				
90	5.3	126	5.3	128	5.2	128	5.4	126	5.5	127	4.9	122	5.2	120				
100	5.2	125	5.2	122	5.2	126	5.4	123	5.4	125	4.8	117	5.1	117				
110	5.2	123	5.2	119	5.1	122	5.3	121	5.4	122	4.8	114	5.0	116				
120	5.2	122	5.1	117	5.0	119	5.3	119	5.4	121	4.7	113	5.0	114				
130	5.1	121	5.0	114	5.0	117	5.2	117	5.3	120	4.7	112	5.0	112				
140	5.1	119	5.0	113	4.9	116	5.2	117	5.3	119	4.7	111	4.9	110				
150	5.1	117	5.0	112	4.9	114	5.2	116	5.2	118	4.7	111	4.9	109				
160	5.0	116	4.9	66	4.8	113	5.1	115	5.2	116	4.7	110	5.0	109				
170	5.0	116	4.9	76	4.7	111	5.1	114	5.2	115	4.7	110	4.9	108				
180	5.0	115	4.8	107	4.7	109	5.1	112	5.2	113	4.7	108	4.9	108				
190	4.9	114	4.8	107	4.6	107	5.0	111	5.1	112	4.7	107	4.9	107				
200	4.9	113	4.7	64	4.6	106	5.0	111	5.1	111	4.6	107	4.8	106				
210	4.9	113	4.7	53	4.6	106	4.9	111	5.1	110	4.6	107	4.8	106				
220	4.8	113	4.6	53	4.6	106	4.9	109	5.0	109	4.6	107	4.7	104				
230	4.8	114	4.6	53	4.5	106	4.9	107	5.0	107	4.6	107	4.7	104				
240	4.8	114	4.6	53	4.5	106	4.9	106	4.9	105	4.5	107	4.7	103				
250	4.8	114	4.5	47	4.5	106	4.8	107	4.9	104	4.5	105	4.6	104				
260	4.8	113	4.5	68	4.5	104	4.8	107	4.9	103	4.5	105	4.6	104				
270	4.8	113	4.5	105	4.5	103	4.8	106	4.9	103	4.5	104	4.5	104				
280	4.7	113	4.5	106	4.5	102	4.7	105	4.9	103	4.5	103	4.5	103				
290	4.8	113	4.5	51	4.5	101	4.7	105	4.8	103	4.5	103	4.5	101				
300	4.7	113	4.4	51	4.5	101	4.7	105	4.8	103	4.5	103	4.4	100				
310	4.7	113	4.4	51	4.5	101	4.7	104	4.8	103	4.5	103	4.4	100				
320	4.7	113	4.4	37	4.4	101	4.7	103	4.8	103	4.5	103	4.3	100				
330	4.7	112	4.4	85	4.4	101	4.6	103	4.8	103	4.5	102	4.3	99				
340	4.7	112	4.3	101	4.3	101	4.6	103	4.8	102	4.5	102	4.3	100				
350	4.7	111	4.4	50	4.3	100	4.6	104	4.8	102	4.4	101	4.3	101				
360	4.7	111	4.3	60	4.2	99	4.6	104	4.8	102	4.3	100	4.3	99				
370	4.6	110	4.3	43	4.2	98	4.5	104	4.7	102	4.3	101	4.3	98				
380	4.6	109	4.3	37	4.2	98	4.5	103	4.7	102	4.3	100	4.3	98				
390	4.6	108	4.3	50	4.2	98	4.5	104	4.7	102	4.3	100	4.3	99				
400	4.5	108	4.3	50	4.2	100	4.5	103	4.6	101	4.3	100	4.2	99				
410	4.5	108	4.3	50	4.3	103	4.4	101	4.6	99	4.3	100	4.2	99				
420	4.5	109	4.3	100	4.3	104	4.4	100	4.6	98	4.3	99	4.2	99				
430	4.5	108	4.2	89	4.4	104	4.4	101	4.5	98	4.2	99	4.2	99				
440	4.5	107	4.2	90	4.4	104	4.4	101	4.5	98	4.2	99	4.2	99				

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	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate				
450	4.5	107	4.2	50	4.4	104	4.4	101	4.5	98	4.2	99	4.2	98				
460	4.4	105	4.2	50	4.4	104	4.4	100	4.5	97	4.2	101	4.2	98				
470	4.4	105	4.2	50	4.4	103	4.4	101	4.5	97	4.2	101	4.2	99				
480	4.4	104	4.2	50	4.4	102	4.4	102	4.5	98	4.2	101	4.2	97				
490	4.4	103	4.2	50	4.4	101	4.4	102	4.5	98	4.3	101	4.2	97				
500	4.4	103	4.2	50	4.4	101	4.4	101	4.5	98	4.3	101	4.2	97				
510	4.4	103	4.2	51	4.4	101	4.4	101	4.5	97	4.3	101	4.2	98				
520	4.4	102	4.2	52	4.4	100	4.4	101	4.5	97	4.3	101	4.2	98				
530	4.4	103	4.2	53	4.4	100	4.4	101	4.5	96	4.3	101	4.2	99				
540	4.4	103	4.2	53	4.3	100	4.3	102	4.5	96	4.4	100	4.2	99				
550	4.4	103	4.2	53	4.3	100	4.3	102	4.5	96	4.4	100	4.3	98				
560	4.4	102	4.2	53	4.3	99	4.3	101	4.5	97	4.4	100	4.3	95				
570	4.4	101	4.2	53	4.3	99	4.3	100	4.5	96	4.3	101	4.3	94				
580	4.3	101	4.2	52	4.3	101	4.3	100	4.4	96	4.3	101	4.3	94				
590	4.3	101	4.2	52	4.3	101	4.3	100	4.4	96	4.3	101	4.2	96				
600	4.3	101	4.1	51	4.3	102	4.3	99	4.4	97	4.2	101	4.2	96				
610	4.3	100	4.1	51	4.3	102	4.3	99	4.4	96	4.2	100	4.2	96				
620	4.3	100	4.1	50	4.3	102	4.3	99	4.4	95	4.1	100	4.1	96				
630	4.3	100	4.1	50	4.3	101	4.2	100	4.4	95	4.1	99	4.1	97				
640	4.3	100	4.1	50	4.3	101	4.2	99	4.4	95	4.1	101	4.1	97				
650	4.3	100	4.1	50	4.3	100	4.2	99	4.4	94	4.2	101	4.2	98				
660	4.3	100	4.1	50	4.3	101	4.3	99	4.4	94	4.2	102	4.2	98				
670	4.3	100	4.1	50	4.2	100	4.3	99	4.4	93	4.3	102	4.2	98				
680	4.3	100	4.1	50	4.2	100	4.3	99	4.3	94	4.3	102	4.2	97				
690	4.3	101	4.1	50	4.2	100	4.3	99	4.3	94	4.3	102	4.2	95				
700	4.3	101	4.1	50	4.2	100	4.3	99	4.3	95	4.3	102	4.2	93				
710	4.3	101	4.0	49	4.2	100	4.3	100	4.3	94	4.3	101	4.2	93				
720	4.3	101	4.0	49	4.2	100	4.2	100	4.3	93	4.3	100	4.2	94				
730	4.3	100	3.9	50	4.2	100	4.2	100	4.3	94	4.3	102	4.2	95				
740	4.3	100	3.9	50	4.2	100	4.2	101	4.3	93	4.3	102	4.2	96				
750	4.3	100	4.0	50	4.2	100	4.2	101	4.3	93	4.3	104	4.2	96				
760	4.3	100	4.0	50	4.3	101	4.2	100	4.3	93	4.2	103	4.2	97				
770	4.3	100	4.1	50	4.3	101	4.2	100	4.3	94	4.2	103	4.2	97				
780	4.3	101	4.1	50	4.2	100	4.2	100	4.3	93	4.2	103	4.2	98				
790	4.3	101	4.2	50	4.2	99	4.2	100	4.3	93	4.2	102	4.3	98				
800	4.4	102	4.2	51	4.2	100	4.2	101	4.3	92	4.2	101	4.4	97				
810	4.4	101	4.2	50	4.3	102	4.2	101	4.3	91	4.2	103	4.4	98				
820	4.3	101	4.2	51	4.3	104	4.2	102	4.3	90	4.2	103	4.5	98				
830	4.3	101	4.2	52	4.3	106	4.2	102	4.3	91	4.2	103	4.4	98				
840	4.3	101	4.1	52	4.3	104	4.2	101	4.3	90	4.2	103	4.4	96				
850	4.3	101	4.1	51	4.2	103	4.2	100	4.2	89	4.3	103	4.3	95				
860	4.3	101	4.0	50	4.2	102	4.2	102	4.2	88	4.2	104	4.2	94				
870	4.3	100	3.9	50	4.2	101	4.2	102	4.2	89	4.2	103	4.2	95				
880	4.3	100	3.8	50	4.1	99	4.2	103	4.2	88	4.3	102	4.2	94				

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	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate				
890	4.3	100	3.8	49	4.1	98	4.2	102	4.1	87	4.3	102	4.2	94				
900	4.3	100	3.7	58	4.2	98	4.2	102	4.1	86	4.3	103	4.3	95				
910	4.3	100	3.8	44	4.2	98	4.2	103	4.1	85	4.2	104	4.3	96				
920	4.3	100	3.8	100	4.2	98	4.2	104	4.1	85	4.2	104	4.3	97				
930	4.3	99	3.9	50	4.2	98	4.2	103	4.1	86	4.2	103	4.2	97				
940	4.3	99	3.9	50	4.2	101	4.2	103	4.1	87	4.2	103	4.2	97				
950	4.3	99	3.9	50	4.3	105	4.2	102	4.1	87	4.2	102	4.2	96				
960	4.3	99	4.0	51	4.4	108	4.2	101	4.2	87	4.2	101	4.2	96				
970	4.3	98	3.9	51	4.4	109	4.2	99	4.2	87	4.2	102	4.3	98				
980	4.3	97	3.8	78	4.3	107	4.1	99	4.2	87	4.2	101	4.3	99				
990	4.2	96	3.6	93	4.3	106	4.1	98	4.1	87	4.2	102	4.3	98				
1000	4.2	94	3.6	93	4.3	105	4.1	98	4.1	84	4.1	101	4.3	98				