

## RACE DATA

Dist. [m]	GER		BUL		UZB		ITA		CZE		POL		BLR		RUS		HUN	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
10	4.1	95	4.1	79	4.2	76	4.1	76	4.1	86	4.0	83	4.2	70	3.9	76	3.9	67
20	4.9	92	4.7	82	4.7	77	4.8	79	4.8	87	4.6	84	4.7	72	4.7	78	4.5	70
30	5.0	89	5.0	83	5.0	77	4.9	80	5.1	86	5.0	84	5.0	73	4.8	78	4.8	70
40	5.1	86	5.1	83	5.1	77	5.1	80	5.0	85	5.1	84	5.1	74	5.0	76	5.0	71
50	5.0	82	5.2	80	5.2	74	5.0	79	5.1	82	5.1	82	5.1	75	4.9	75	5.0	68
60	5.0	78	5.0	77	5.2	72	5.0	77	5.1	80	5.0	78	5.1	75	5.0	73	5.0	66
70	5.0	73	5.0	75	5.0	69	5.0	75	5.1	78	5.0	75	5.0	74	4.9	71	4.8	64
80	4.9	69	5.1	74	4.9	68	4.9	74	5.0	77	4.9	73	5.0	73	4.8	71	4.7	63
90	4.8	67	5.0	73	4.9	67	4.8	73	4.9	76	4.9	71	5.0	73	4.8	70	4.7	62
100	4.7	66	4.9	72	4.9	66	4.7	71	4.8	75	4.8	69	4.8	72	4.7	70	4.6	61
110	4.7	66	4.7	70	4.8	65	4.7	70	4.8	74	4.7	69	4.8	70	4.6	69	4.6	61
120	4.6	65	4.7	69	4.7	64	4.6	70	4.8	73	4.7	69	4.7	69	4.6	69	4.5	60
130	4.6	64	4.6	68	4.7	63	4.6	69	4.7	73	4.6	69	4.7	70	4.5	69	4.5	59
140	4.5	63	4.6	68	4.7	64	4.6	68	4.7	73	4.6	67	4.7	70	4.5	68	4.5	59
150	4.5	63	4.6	67	4.6	64	4.6	67	4.7	72	4.6	67	4.7	71	4.5	68	4.5	58
160	4.5	63	4.5	67	4.6	64	4.6	67	4.6	72	4.6	67	4.7	70	4.5	68	4.5	58
170	4.5	63	4.6	68	4.6	63	4.6	67	4.6	71	4.5	68	4.7	69	4.5	68	4.5	58
180	4.5	63	4.6	69	4.7	64	4.6	68	4.6	71	4.6	67	4.7	69	4.5	68	4.5	57
190	4.5	63	4.7	70	4.6	64	4.6	68	4.7	70	4.6	68	4.7	69	4.5	67	4.4	57
200	4.5	63	4.6	69	4.7	65	4.6	68	4.7	69	4.6	68	4.7	70	4.5	67	4.4	57
210	4.4	62	4.6	68	4.7	65	4.6	68	4.7	69	4.6	68	4.7	70	4.5	67	4.4	57
220	4.4	62	4.6	66	4.7	65	4.6	67	4.7	69	4.5	68	4.7	70	4.5	67	4.4	57
230	4.4	62	4.5	65	4.7	66	4.6	67	4.6	69	4.5	68	4.6	70	4.5	67	4.3	56
240	4.3	62	4.5	66	4.6	66	4.6	67	4.6	69	4.5	68	4.7	70	4.5	66	4.3	55
250	4.4	63	4.5	66	4.6	66	4.6	67	4.6	69	4.5	68	4.6	70	4.5	66	4.3	55
260	4.3	65	4.4	66	4.6	67	4.6	68	4.6	68	4.5	68	4.7	70	4.5	66	4.3	54
270	4.4	67	4.3	66	4.5	67	4.6	69	4.5	68	4.4	68	4.6	70	4.4	65	4.2	54
280	4.3	67	4.3	65	4.5	66	4.6	69	4.6	68	4.4	67	4.6	70	4.5	66	4.2	55
290	4.4	67	4.2	64	4.5	66	4.6	69	4.5	69	4.4	68	4.6	70	4.5	66	4.2	55
300	4.4	67	4.2	63	4.5	66	4.6	69	4.6	70	4.4	68	4.6	70	4.5	66	4.2	56
310	4.4	67	4.2	63	4.5	66	4.6	68	4.6	71	4.4	69	4.5	69	4.5	68	4.3	56
320	4.4	68	4.2	63	4.4	66	4.6	68	4.6	72	4.4	70	4.5	68	4.5	68	4.3	57
330	4.4	69	4.2	63	4.5	66	4.6	67	4.6	72	4.4	71	4.5	67	4.5	68	4.3	58
340	4.5	70	4.2	63	4.4	65	4.6	67	4.6	72	4.4	71	4.5	67	4.5	68	4.3	58
350	4.5	70	4.2	63	4.4	64	4.5	67	4.6	72	4.4	70	4.4	67	4.5	67	4.3	58
360	4.5	70	4.2	63	4.4	64	4.6	67	4.6	72	4.4	70	4.5	66	4.6	68	4.3	57
370	4.5	70	4.2	63	4.4	64	4.5	67	4.6	71	4.4	69	4.4	66	4.6	69	4.3	57
380	4.5	71	4.2	64	4.4	65	4.5	67	4.6	70	4.4	69	4.5	66	4.6	69	4.2	56
390	4.5	71	4.3	66	4.3	64	4.5	66	4.5	69	4.4	70	4.4	66	4.6	69	4.2	55
400	4.5	72	4.3	67	4.3	64	4.5	66	4.5	69	4.5	70	4.4	65	4.6	69	4.2	55
410	4.5	72	4.4	68	4.3	64	4.4	66	4.5	70	4.5	71	4.3	64	4.5	68	4.2	55
420	4.5	72	4.4	69	4.3	64	4.4	67	4.5	70	4.4	72	4.3	64	4.5	67	4.2	55
430	4.5	73	4.4	70	4.3	64	4.3	66	4.4	69	4.4	72	4.2	64	4.5	66	4.1	54
440	4.4	72	4.4	69	4.3	64	4.3	66	4.4	68	4.4	71	4.2	63	4.4	66	4.0	54

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450	4.4	72	4.3	67	4.2	64	4.3	65	4.3	68	4.4	71	4.2	62	4.4	66	4.0	54
460	4.3	71	4.3	67	4.2	63	4.3	65	4.3	67	4.4	70	4.2	61	4.4	66	4.0	54
470	4.3	70	4.2	65	4.2	63	4.2	65	4.2	67	4.4	71	4.2	61	4.3	66	3.9	54
480	4.2	70	4.2	64	4.2	63	4.2	64	4.2	64	4.3	71	4.1	61	4.3	65	3.9	54
490	4.2	70	4.1	63	4.2	63	4.1	64	4.2	62	4.4	72	4.1	60	4.2	65	3.9	54
500	4.1	70	4.1	62	4.2	63	4.2	64	4.1	60	4.4	72	4.0	59	4.2	65	3.8	53