

RACE DATA

Dist. [m]	BRA		FRA		GER		RUS		CAN		HUN		BLR		JPN		ESP	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
10	3.8	83	3.5	82	3.4	74	3.9	75	3.9	72	3.6	77	3.5	77	3.5	89	3.3	77
20	4.4	85	4.1	89	4.1	77	4.4	74	4.5	75	4.2	78	4.4	74	4.1	86	4.0	77
30	4.6	87	4.6	91	4.3	77	4.5	73	4.7	77	4.6	77	4.5	73	4.3	84	4.2	76
40	4.7	88	4.7	93	4.5	76	4.7	73	4.9	79	4.7	75	4.7	71	4.3	81	4.4	74
50	4.7	87	4.7	91	4.5	75	4.7	71	4.9	78	4.7	72	4.7	70	4.4	79	4.3	72
60	4.7	86	4.6	86	4.4	73	4.6	70	4.9	76	4.7	70	4.7	69	4.4	78	4.3	69
70	4.6	84	4.5	80	4.4	71	4.7	67	4.9	74	4.6	69	4.6	69	4.4	75	4.3	68
80	4.6	83	4.5	77	4.3	70	4.6	65	4.9	72	4.7	68	4.6	68	4.3	74	4.2	68
90	4.5	82	4.5	74	4.3	69	4.5	63	4.8	70	4.6	67	4.5	68	4.2	72	4.1	69
100	4.5	80	4.4	73	4.3	69	4.5	62	4.8	67	4.5	67	4.5	67	4.2	72	4.2	68
110	4.4	79	4.4	72	4.2	68	4.4	62	4.7	65	4.5	67	4.5	67	4.2	71	4.1	67
120	4.4	79	4.4	72	4.2	68	4.4	62	4.7	64	4.5	66	4.5	67	4.2	70	4.1	66
130	4.4	78	4.4	71	4.2	68	4.4	62	4.6	63	4.4	66	4.5	66	4.1	69	4.1	66
140	4.4	78	4.3	69	4.2	68	4.3	62	4.6	63	4.4	65	4.4	66	4.2	69	4.1	66
150	4.3	77	4.3	69	4.2	68	4.3	61	4.5	62	4.3	65	4.4	66	4.2	69	4.1	65
160	4.3	77	4.3	68	4.2	68	4.3	61	4.5	61	4.3	64	4.4	65	4.2	68	4.1	65
170	4.3	76	4.3	68	4.2	68	4.3	61	4.4	61	4.3	63	4.4	65	4.2	68	4.1	65
180	4.2	76	4.3	67	4.2	67	4.3	61	4.4	60	4.2	63	4.3	65	4.2	68	4.0	65
190	4.2	76	4.2	67	4.2	67	4.3	61	4.4	61	4.2	63	4.4	65	4.2	69	4.1	65
200	4.2	76	4.2	67	4.1	67	4.3	61	4.4	61	4.2	64	4.4	64	4.3	68	4.0	65
210	4.1	75	4.2	67	4.1	67	4.3	60	4.4	61	4.2	64	4.4	64	4.3	68	4.0	64
220	4.1	74	4.1	66	4.1	67	4.3	60	4.4	60	4.2	64	4.4	64	4.3	66	4.0	64
230	4.1	73	4.1	66	4.1	67	4.2	60	4.4	60	4.3	63	4.3	64	4.2	66	4.0	64
240	4.0	72	4.1	66	4.0	67	4.2	61	4.3	60	4.2	63	4.3	64	4.2	67	4.0	65
250	4.0	72	4.1	67	4.0	66	4.2	61	4.4	61	4.3	63	4.3	64	4.2	68	4.0	65
260	3.9	72	4.1	67	4.0	66	4.2	61	4.3	62	4.2	63	4.3	64	4.2	67	3.9	65
270	3.9	71	4.1	68	4.0	66	4.2	61	4.4	62	4.2	63	4.2	63	4.1	67	3.9	64
280	3.9	71	4.1	68	4.0	66	4.2	61	4.3	62	4.2	63	4.2	63	4.1	67	3.9	65
290	3.9	70	4.1	67	3.9	66	4.2	61	4.3	62	4.2	63	4.2	63	4.0	67	4.0	65
300	3.9	70	4.1	67	3.9	66	4.3	61	4.3	61	4.2	63	4.2	63	4.0	67	4.0	66
310	3.9	70	4.1	67	3.9	66	4.3	63	4.3	60	4.2	64	4.2	63	4.0	67	4.0	67
320	3.9	71	4.0	68	3.9	66	4.3	65	4.2	59	4.2	64	4.2	63	4.0	68	4.0	68
330	3.9	71	4.0	68	3.9	66	4.3	65	4.2	59	4.2	64	4.2	63	3.9	68	4.0	69
340	3.9	71	4.0	68	4.0	66	4.4	66	4.2	58	4.2	64	4.2	64	3.8	68	4.0	69
350	3.9	71	4.0	67	4.0	66	4.3	66	4.2	58	4.2	63	4.2	64	3.9	68	4.0	69
360	3.9	71	4.0	67	3.9	66	4.4	66	4.3	58	4.2	64	4.2	63	3.9	67	4.0	68
370	3.9	72	4.0	67	4.0	67	4.3	66	4.2	58	4.2	63	4.2	64	3.8	67	4.0	68
380	3.9	72	4.0	67	4.0	67	4.3	65	4.2	58	4.2	63	4.2	64	3.8	67	4.1	68
390	3.9	72	4.0	66	4.0	67	4.2	65	4.2	58	4.2	63	4.1	63	3.8	66	4.1	69
400	3.9	70	4.0	66	4.1	67	4.2	65	4.2	59	4.2	64	4.1	63	3.8	66	4.1	68
410	3.9	69	3.9	65	4.1	66	4.2	66	4.2	59	4.2	63	4.1	63	3.8	66	4.1	68
420	3.8	69	3.9	66	4.1	66	4.2	66	4.1	59	4.1	63	4.2	63	3.8	67	4.1	68
430	3.8	69	3.9	66	4.0	64	4.2	66	4.1	60	4.1	63	4.1	63	3.8	69	4.0	68
440	3.8	69	3.8	66	4.0	64	4.2	67	4.1	61	4.1	63	4.1	63	3.8	69	4.0	69

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450	3.8	69	3.8	65	3.9	65	4.2	67	4.1	61	4.1	63	4.1	63	3.7	69	4.0	70
460	3.8	69	3.8	66	3.8	66	4.2	67	4.1	61	4.0	63	4.1	62	3.6	69	4.0	69
470	3.7	69	3.8	66	3.7	66	4.2	67	4.1	62	4.0	62	4.0	62	3.6	68	4.0	68
480	3.7	69	3.7	65	3.7	67	4.2	66	4.1	61	4.0	61	4.0	62	3.6	64	3.9	67
490	3.7	69	3.7	65	3.7	68	4.1	66	4.1	61	3.9	61	4.0	61	3.6	66	3.9	67
500	3.7	69	3.7	65	3.8	68	4.1	65	4.0	60	3.9	61	4.0	61	3.6	68	3.9	67