

RACE DATA

Dist. [m]	GBR		ITA		LAT				HUN		POL		SWE		MEX			
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
10	3.0	95	3.1	105	2.8	105	0.0	0	3.1	111	2.9	112	3.0	118	3.0	108		
20	4.5	124	4.7	123	4.2	122	0.0	0	4.6	130	4.4	127	4.4	130	4.5	132		
30	5.2	139	5.3	130	4.8	130	0.0	0	5.2	139	5.0	132	5.0	135	5.1	141		
40	5.5	145	5.6	135	5.1	139	0.0	0	5.6	146	5.3	135	5.4	140	5.4	147		
50	5.7	156	5.8	152	5.3	148	0.0	0	5.8	157	5.5	139	5.5	147	5.5	153		
60	5.8	164	5.8	154	5.3	151	0.0	0	5.8	161	5.6	140	5.6	150	5.6	156		
70	5.8	166	5.9	76	5.4	152	0.0	0	5.9	162	5.6	140	5.7	150	5.6	157		
80	5.8	166	5.9	76	5.4	150	0.0	0	5.9	162	5.6	140	5.7	149	5.6	157		
90	5.8	164	5.9	131	5.4	149	0.0	0	5.9	161	5.6	139	5.7	148	5.6	156		
100	5.7	161	5.8	151	5.3	148	0.0	0	5.9	160	5.6	139	5.6	147	5.6	156		
110	5.7	159	5.8	152	5.3	146	0.0	0	5.8	158	5.6	138	5.6	146	5.6	155		
120	5.7	157	5.8	150	5.2	144	0.0	0	5.8	158	5.6	138	5.6	146	5.6	155		
130	5.6	155	5.7	147	5.2	142	0.0	0	5.8	156	5.5	138	5.6	146	5.5	152		
140	5.6	153	5.7	147	5.1	141	0.0	0	5.7	155	5.5	137	5.5	145	5.5	151		
150	5.5	151	5.6	145	5.1	140	0.0	0	5.7	153	5.4	137	5.5	144	5.4	149		
160	5.5	149	5.6	145	5.1	138	0.0	0	5.6	152	5.4	136	5.5	143	5.4	147		
170	5.4	147	5.5	144	5.0	135	0.0	0	5.6	152	5.4	134	5.4	143	5.4	146		
180	5.4	144	5.5	143	5.0	131	0.0	0	5.6	151	5.3	133	5.4	143	5.3	145		
190	5.3	142	5.4	142	4.9	127	0.0	0	5.5	150	5.3	133	5.4	143	5.3	144		
200	5.3	140	5.4	141	4.8	124	0.0	0	5.4	148	5.2	133	5.3	143	5.3	142		