

RACE DATA

Dist. [m]	MYA		FRA		THA		CZE		BUL				UKR		KGZ		POR	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
10	2.5	60	3.0	74	2.9	76	2.8	75	3.0	70	0.0	0	3.0	78	2.1	46	2.6	77
20	3.5	64	3.9	83	3.7	81	3.9	74	4.1	82	0.0	0	3.8	77	3.1	60	3.6	81
30	3.8	66	4.1	83	4.1	82	4.1	75	4.3	82	0.0	0	4.2	77	3.3	61	3.8	84
40	3.9	69	4.2	84	4.1	81	4.1	76	4.4	81	0.0	0	4.4	76	3.3	61	3.9	85
50	4.0	70	4.2	83	4.1	79	4.3	77	4.4	76	0.0	0	4.4	75	3.2	58	4.0	84
60	4.0	70	4.2	80	4.1	78	4.3	77	4.3	74	0.0	0	4.3	74	3.2	56	4.0	82
70	4.0	70	4.1	79	4.1	78	4.2	76	4.3	72	0.0	0	4.4	72	3.1	54	4.0	80
80	4.0	70	4.1	78	4.1	77	4.2	74	4.3	71	0.0	0	4.4	72	3.1	52	3.9	77
90	3.9	69	4.1	76	4.1	77	4.2	73	4.2	69	0.0	0	4.3	71	3.1	55	3.8	74
100	3.8	68	4.1	76	4.1	77	4.2	73	4.1	69	0.0	0	4.3	71	2.8	54	3.8	73
110	3.8	68	4.0	74	4.1	78	4.2	73	4.1	70	0.0	0	4.3	70	2.5	41	3.8	72
120	3.8	69	4.0	74	4.1	78	4.2	73	4.0	70	0.0	0	4.2	69	2.6	46	3.8	72
130	3.8	68	4.0	76	4.0	78	4.2	73	4.1	70	0.0	0	4.2	68	2.6	46	3.7	71
140	3.8	67	4.0	77	4.0	77	4.1	73	4.1	72	0.0	0	4.2	67	2.6	40	3.6	69
150	3.8	68	3.9	74	4.0	77	4.1	73	4.1	73	0.0	0	4.2	67	2.6	44	3.6	69
160	3.7	67	3.9	73	4.0	76	4.0	72	4.0	73	0.0	0	4.1	68	2.7	43	3.6	68
170	3.7	67	3.9	73	4.0	76	4.0	71	4.0	72	0.0	0	4.1	67	2.6	41	3.6	68
180	3.7	65	3.9	73	3.9	77	4.0	71	4.0	71	0.0	0	4.1	66	2.6	38	3.5	68
190	3.7	66	3.8	72	3.9	77	4.0	70	3.9	70	0.0	0	4.1	66	2.6	37	3.5	68
200	3.7	67	3.7	71	3.8	76	3.9	70	3.9	70	0.0	0	4.0	65	2.6	41	3.4	65